



MINDFUL MEDIC NE



JOIN OUR CIRCLE COMMUNITY PRACTICE GROUP

Join us for pausing, practicing and providing mindfulness practices.

DAYA FOUNDATION, 5210 SW Corbett Ave., Portland, OR

Facilitated by Teddy Gardner, M.Ed., PCC, WHE

Third Thursday of Each Month in 2020

6:30 PM - 8:30 PM

- February 20th
- March 19th
- April 16th
- May 21st
- June 18th
- July 16th
- Sept 17th
- October 15th
- November 19th
- December 17th